

COMPULSORY MATERIAL

COMPULSORY MATERIAL	UTME 120 K	UTM 60 K	TM 40 K	MTM 25 K	TMC 15 K	Walk 6 K
Dorsal	✓	✓	✓	✓	✓	⊘
Whistle	✓	✓	✓	✓	✓	⊘
Waterproof jacket with hood	✓	✓	*	*	*	*
Operational mobile phone	✓	✓	✓	✓	✓	✓
Survival blanket	✓	✓	✓	✓	✓	⊘
Reusable cup	✓	✓	✓	✓	✓	⊘
Water reserve	1L	1L	1L	500 ml	500ml	⊘
Food security reserve	✓	✓	✓	✓	⊘	⊘
Food pack (bowl and cutlery)	✓	✓	✓	⊘	⊘	⊘
2 operational fronts	✓	✓	⊘	⊘	⊘	⊘
Red rear light	✓	⊘	⊘	⊘	⊘	⊘
Long-sleeved thermal jumper	✓	✓	*	*	*	*
Adhesive elastic band	✓	✓	✓	✓	✓	⊘
Waterproof trousers	*	*	*	*	*	*
Gloves	*	*	*	*	*	*
Cap / Beanie	*	*	*	*	*	*

RECOMMENDED MATERIAL	UTME 120 K	UTM 60 K	TM 40 K	MTM 25 K	TMC 15 K	Walk 6 K
GPS system	✓	✓	⊘	⊘	⊘	⊘
Sticks	✓	✓	⊘	⊘	⊘	⊘
Pirate trousers	✓	✓	⊘	⊘	⊘	⊘

* Depending on the weather conditions, the organisation will announce in good time (no later than 1 hour before the event), by registration email or during the pre-race briefing, whether any other material will become compulsory.