

2026

ULTRA TRAIL ~
MARÃO

GUIA DO ATLETA

ATHLETE GUIDE

GOLD PARTNERS

Multitendas.

snupe.

SILVER PARTNERS

SPORTHG
HG

BRONZE PARTNERS

CARVALHELOS

CARAVELA
COMPANHIA DE SEGUROS

Finoza

NP New Perfil
Produção Perfis Metálicos

Campus Clinic
Dr. Rui Monteiro

METALÚRGICA
DO FOJO

PETROFREGIM

MAQFORT

pot

MERRELL M

COPPER PARTNERS

CERVEZAS
SanMiguel
SINCE 1890

Case da Ula

chelts
engineering solutions

glarc
by Good Hope e Conqura

DES ARTS
HOSTEL & SUITES
198 201 202

Logo with globe and water splash

ARTUR
AGOSTINHO

ruce
CONSTRUÇÃO E ENGENHARIA

carvalhinhas
LAGAR DE AZEITE

MONDIM.
TEC.
DIGITAL

biokimica
clean and safe

CASA DO
FONTAIO

PROGRAMA PROGRAM



27.03.2026

Sexta-feira Friday

14:00 - 22:00 – Secretariado | Check in

19:30 – Transfer UTME 120K

21:00 – Start UTME 120K

28.03.2025

Sábado Saturday

06:00 - 21:00 – Secretariado | Check in

06:40 – Transfer UTM 60K

08:00 – Start UTM 60K

08:40 – Transfer, TM 40K

10:00 – Start TM 40K

15:00 – Entrega de prémios | Awards ceremony

17:30 - Sunset

29.03.2025

Domingo Sunday

06:00 - 10:50 – Secretariado | Check in

07:10 – Transfer MTM 25K

08:10 – Transfer TMC 15K

08:30 – Start MTM 25K

09:30 – Start TMC 15K

11:00 – Start Caminhada Solidária Cercimarante | Walk

13:00 – Entrega de prémios | Awards ceremony

18:00 – Encerramento do evento | Close of event

LOCALIZAÇÕES LOCATIONS



Aldeia UTM

Parque do Ribeirinho, Amarante

1 **Secretariado** *Check in*
Parque do Ribeirinho, Amarante

2 **Meta** *Finish*
Parque do Ribeirinho, Amarante

Banhos *Shower*

Complexo Desportivo da Costa Grande

<https://maps.app.goo.gl/rDb5QgwXRFA8FWuLA>

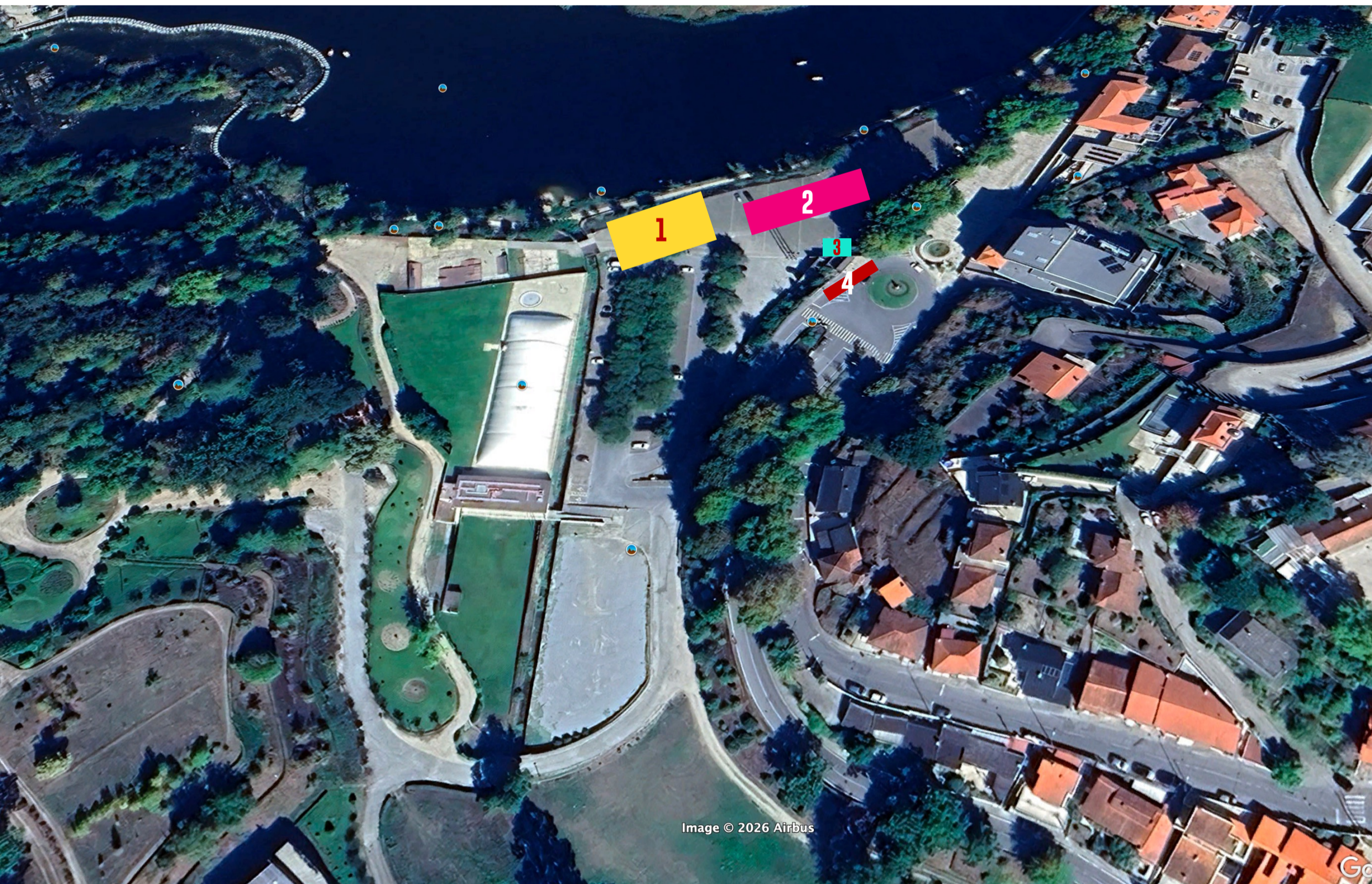
3 **Wc**
Parque do Ribeirinho, Amarante

4 **Bus**
Avenida General Silveira, Amarante

Solo Duro *Hard Floor*

Pavilhão Municipal de Amarante

<https://maps.app.goo.gl/SbaRQ2soHfPFSQg69>



SECRETARIADO



CHECK IN

SEXTA Friday
14:00-22:00

SÁBADO Saturday
06:00 - 21:00

DOMINGO Sunday
06:00-10:50

PARQUE DO RIBEIRINHO, AMARANTE

GPS: <https://maps.app.goo.gl/PWqziEMqxNqwc2Bu6>





UTM

CORRIDAS

RACES

120KM



UTM ENDURANCE

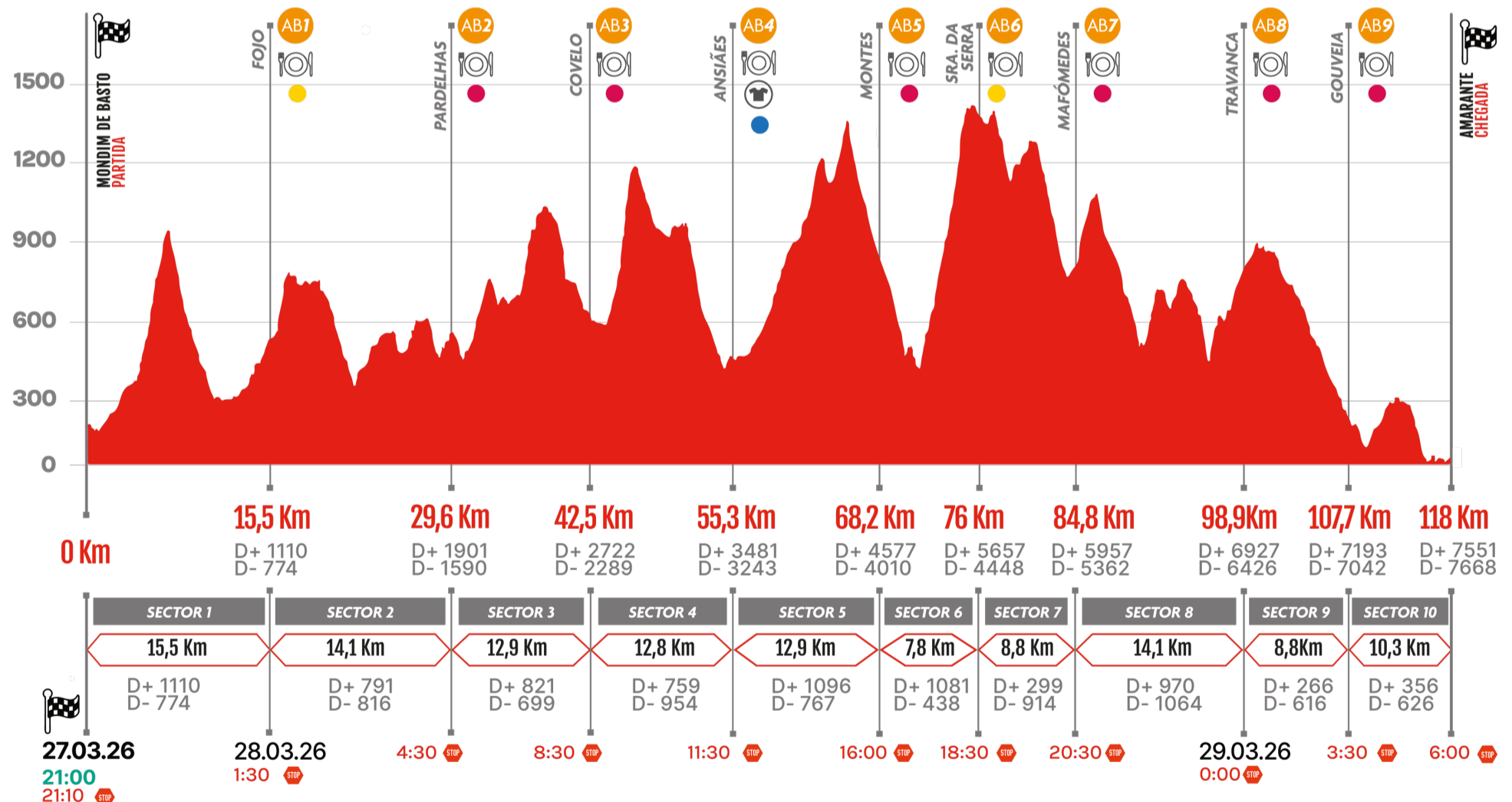
START

21:00

Praça 9 de Abril, Mondim de Basto

UTMe 120km

2026



TIPO DE ABASTECIMENTO: ● LIGEIOS ● CONSISTENTES ● COMPLETO

● LIGHT ● CONSISTENT ● VERY CONSISTENT

+ INFO + GPX

<https://utmarao.pt/utm-endurance/>

ABASTECIMENTOS | SUPPLY STATIONS

<https://utmarao.pt/mapa-interactivo/>

60KM

UTM



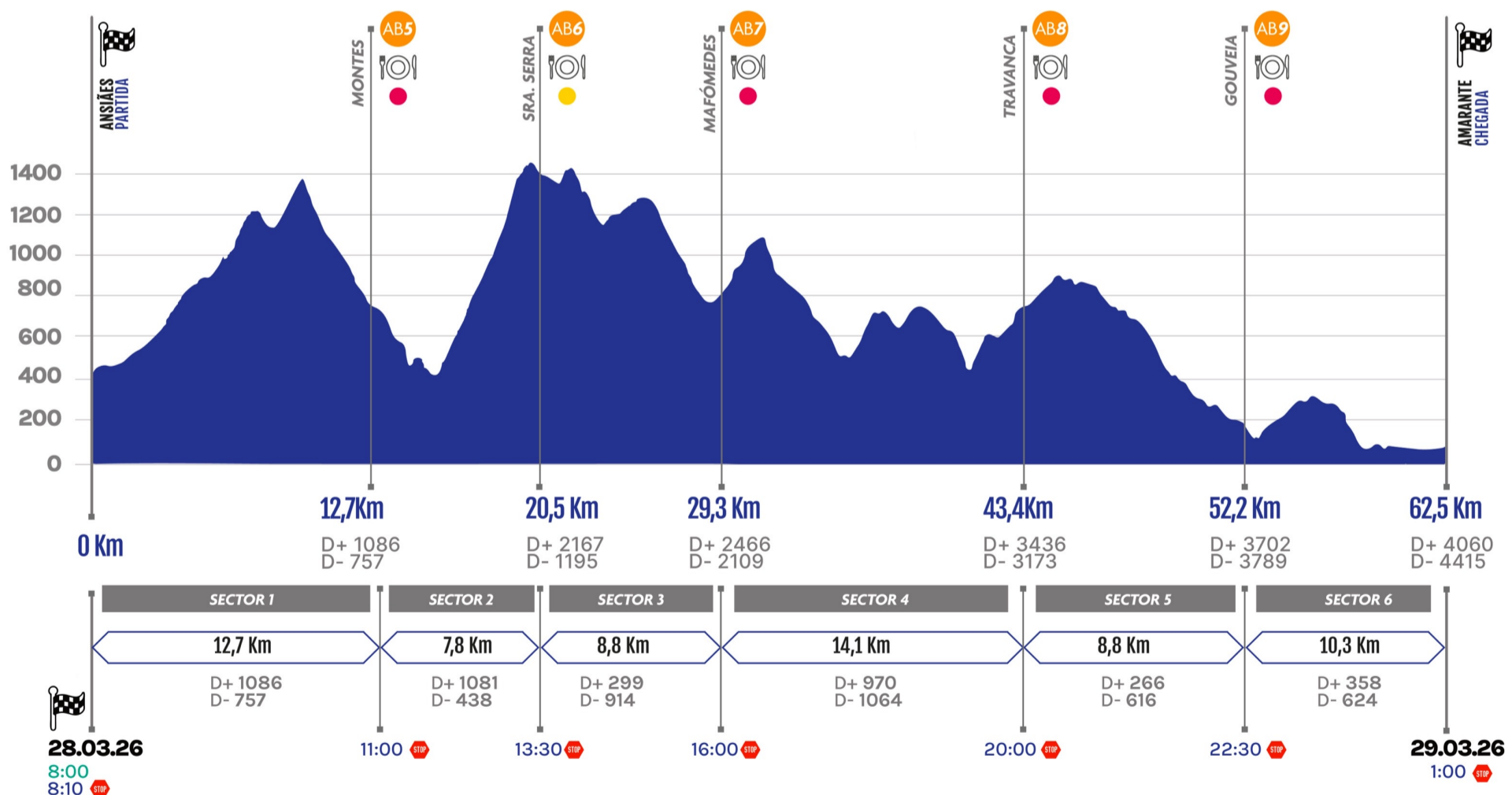
START

08:00

Local: Centro de Lazer de Ansiães, Eido,
Ansiães, Amarante

UTM 60Km

2026



TIPO DE ABASTECIMENTO: ● LIGEIOS ● CONSISTENTES ● COMPLETO

● LIGHT ● CONSISTENT ● VERY CONSISTENT

+ INFO + GPX

<https://utmarao.pt/utm/>

ABASTECIMENTOS | SUPPLY STATIONS

<https://utmarao.pt/mapa-interactivo/>

40KM

TM



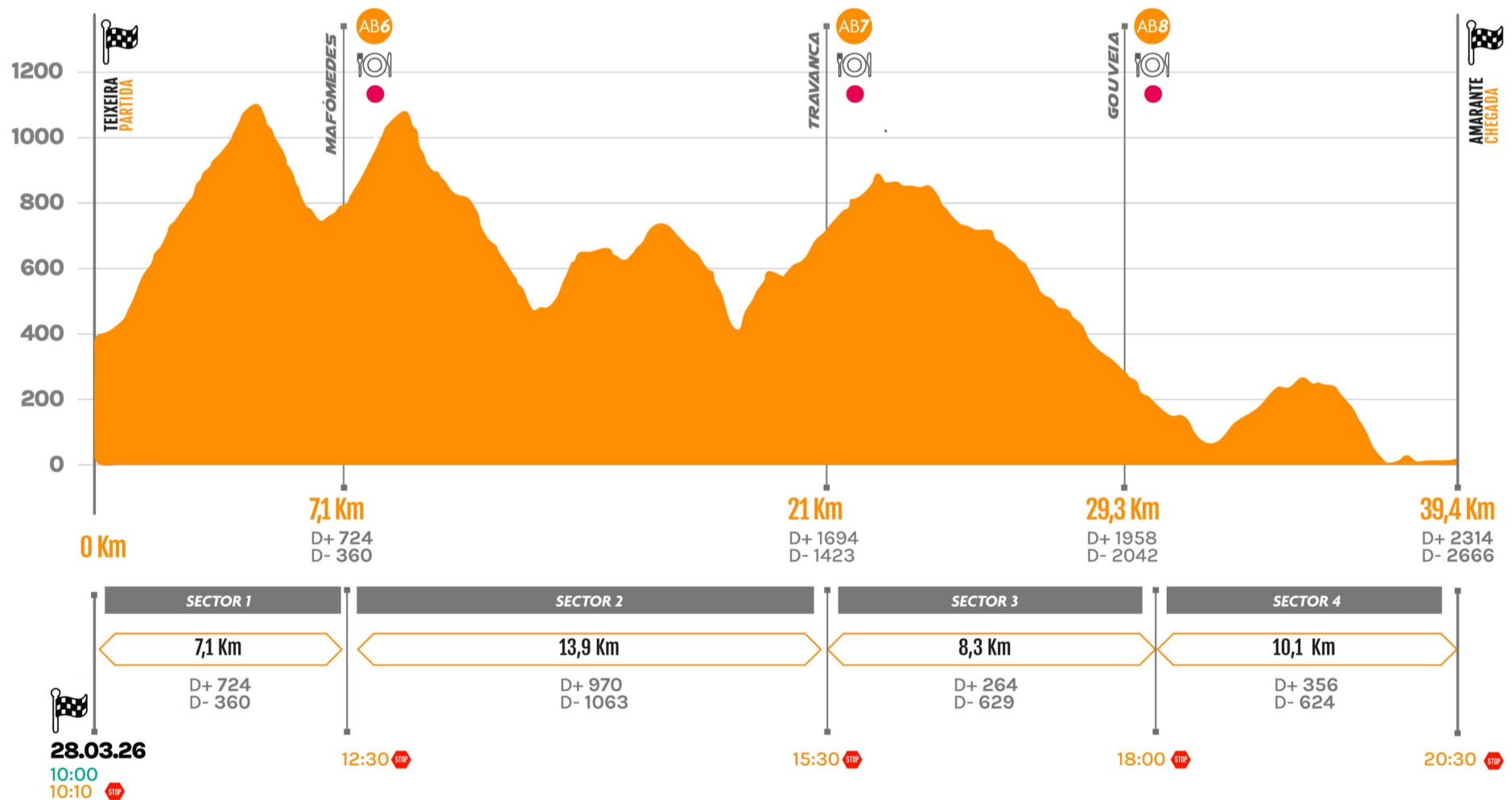
START

10:00

Pelourinho, Teixeira, Baião

TM 40Km

2026



TIPO DE ABASTECIMENTO: ● CONSISTENTE

● CONSISTENT

+ INFO + GPX

<https://utmarao.pt/tm/>

ABASTECIMENTOS | SUPPLY STATIONS

<https://utmarao.pt/mapa-interactivo/>

25KM

MTM



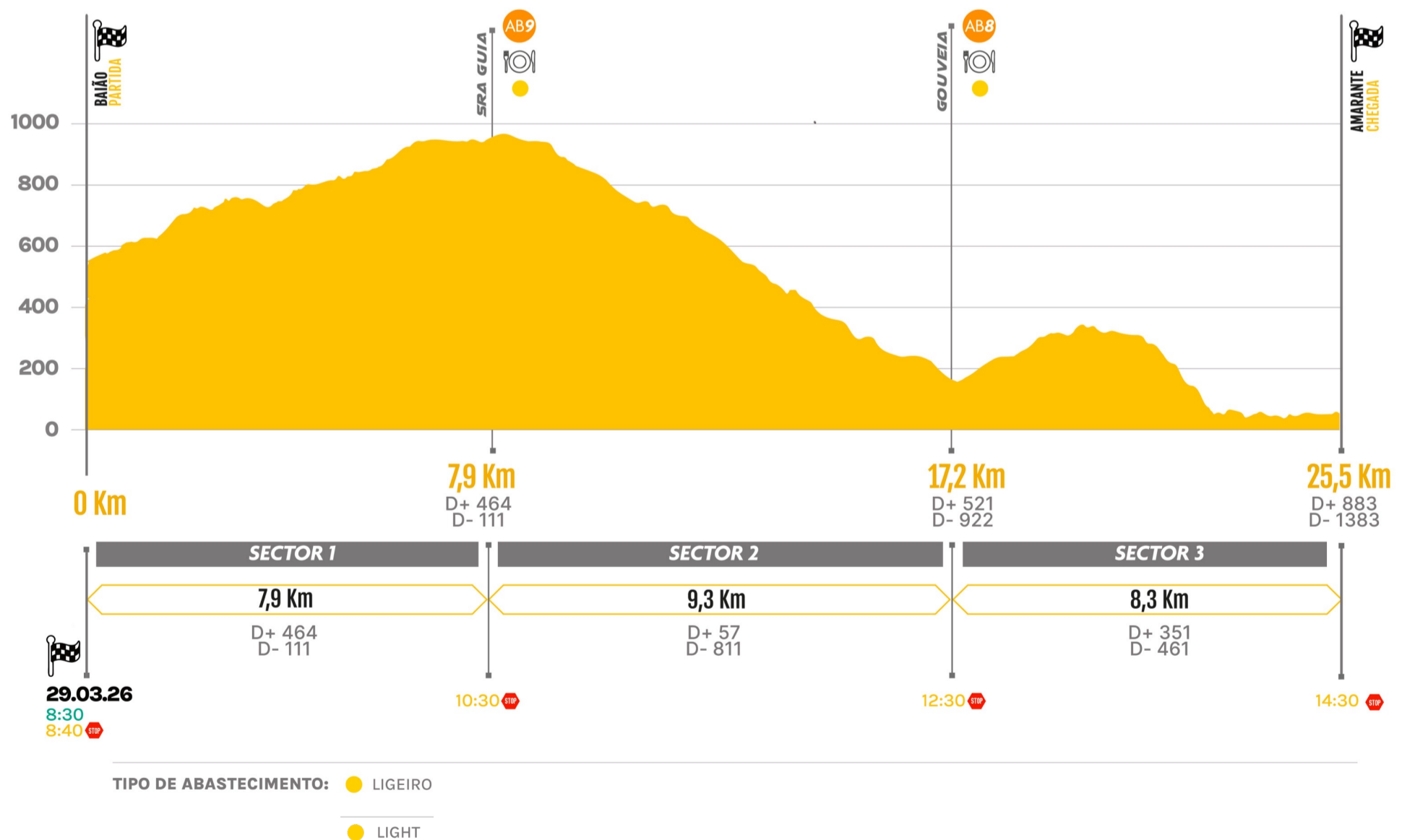
START

08:30

Local: Campelo, Baião

M-TM 25Km

2026



+ INFO + GPX

<https://utmarao.pt/mtm/>

ABASTECIMENTOS | SUPPLY STATIONS

<https://utmarao.pt/mapa-interactivo/>

15KM

TMC



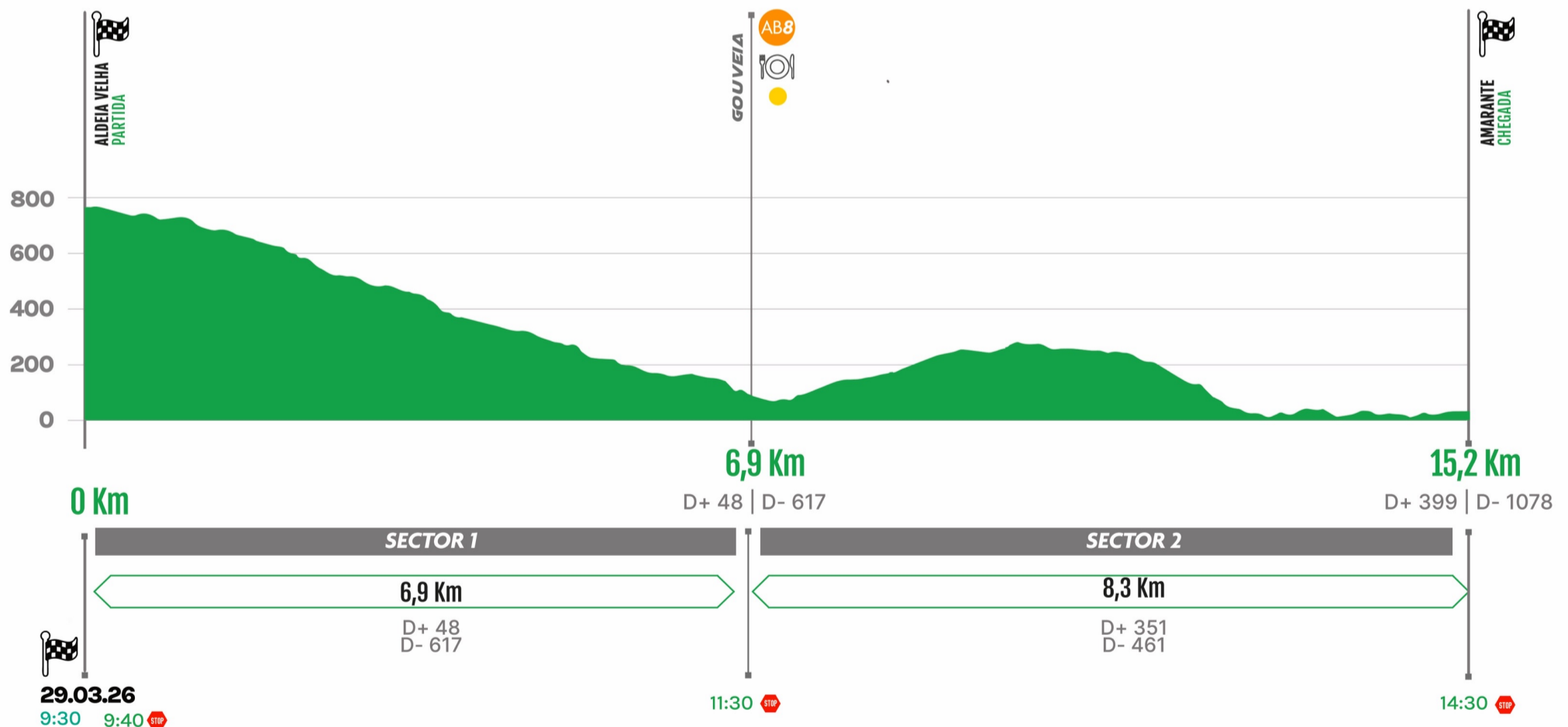
START

09:30

Local: Aldeia Velha, Amarante

TMC 15Km

2026



TIPO DE ABASTECIMENTO: ● LIGEIRO

● LIGHT

+ INFO + GPX

<https://utmarao.pt/tmc/>

ABASTECIMENTOS | SUPPLY STATIONS

<https://utmarao.pt/mapa-interactivo/>

CAMINHADA

WALK



START

11:00

Parque do Ribeirinho

Amarante



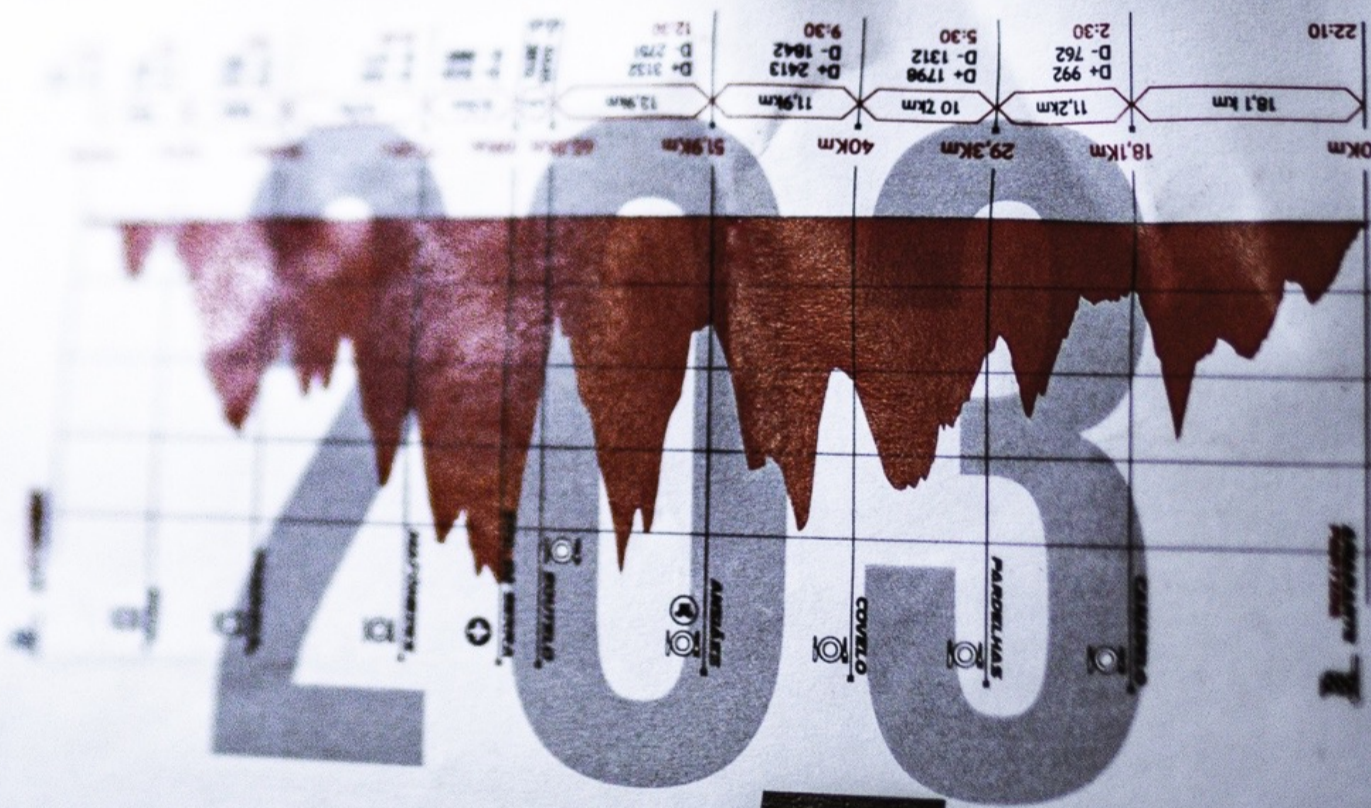
Sérgio Rodrigues
FOTOGRAFIA

MATERIAL

Angelo Relvas

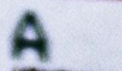
20

Número de frente Ribeirinha da Póvoa de Santa Iria

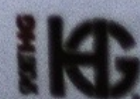


2021

UTM e 110KM



EVADICT | DECATHLON | APTONIA



Joanna L...

Nº DE DORSAL

RACE

MATERIAL



Obrigatório Mandatory

	UTME	UTM	TM	MTM	TMC	WALK
	120 K	60 K	40 K	25 K	15 K	15 K
Dorsal Bib	✓	✓	✓	✓	✓	⊘
Apito Whistle	✓	✓	✓	✓	✓	⊘
Casaco impermeável com capuz Waterproof with hood	✓	✓	*	*	*	*
Telemóvel operacional Operational mobile phone	✓	✓	✓	✓	✓	✓
Manta de sobrevivência Survival blanket	✓	✓	✓	✓	✓	⊘
Copo reutilizável Reusable cup	✓	✓	✓	✓	✓	⊘
Reserva de água Water reserve	1L	1L	1L	500ml	500ml	⊘
Reserva alimentar de segurança Safety food reserve	✓	✓	✓	✓	⊘	⊘
Pack alimentação (tigela e talheres) Food pack (bowl and cutlery)	✓	✓	✓	⊘	⊘	⊘
2 Frontais operacionais 2 operational front lights	✓	✓	⊘	⊘	⊘	⊘
Luz traseira vermelha Red rear light	✓	⊘	⊘	⊘	⊘	⊘
Camisola térmica de mangas compridas Long-sleeved thermal jumper	✓	✓	*	*	*	*
Banda elástica adesiva Adhesive elastic band	✓	✓	✓	✓	✓	⊘
Calças impermeáveis Waterproof trousers	*	*	*	*	*	*
Luvas Gloves	*	*	*	*	*	*
Boné / Gorro Cap / Beanie	*	*	*	*	*	*

Recomendado Recommended

	UTME	UTM	TM	MTM	TMC	WALK
	120 K	60 K	40 K	25 K	15 K	15 K
Sistema de GPS GPS system	✓	✓	⊘	⊘	⊘	⊘
Bastões Sticks	✓	✓	⊘	⊘	⊘	⊘
Calças piratas Pirate trousers	✓	✓	⊘	⊘	⊘	⊘

*material recomendado não obrigatório, salvo informação até 2 horas antes do evento.

MAPA



INTERATIVO

INTERACTIVE MAP

UTM - MAPA INTERA...
SavageNatur Events

ULTRA TRAIL DO MARÃO ★
Para cá do Marão, Mandam os que Cá Estão!
135 657 vistas
Publicado há 4 dias
[PARTILHAR](#) [EDITAR](#)

- Aldeia Arena UTM**
Aldeia Arena UTM
- Partidas | Start**
 - UTM
 - TM
 - MTM
 - TMC
- Meta | Finish**
 - Meta
- Percursos**
 - UTME
 - UTM
 - TM
 - MTM
 - TMC
 - Caminhada Solidária Cercimarante
- Abastecimentos | Supply stations**

The map shows a satellite view of the Marão region in northern Portugal, with a red trail route starting from Vila Real and ending in Vila do Conde. The route is marked with various icons representing supply stations and checkpoints. The map includes labels for various towns and regions like Braga, Vila Real, Vila do Conde, and Vila Verde.

MAPA MAP

<https://utmarao.pt/mapa-interactivo/>

ESTACIONAMENTO CAR PARKING

<https://rb.gy/966kae>



AMARANTE

Baião



MONDIM DE BASTO

